

MONDAY

7:00amPassItOn (Hybrid)

Alano Club, #206-321 Wallace St. Nanaimo

12:00pmTrudging The Broad Hwy

St. Andrews Presbyterian, 4235 Departure Bay Rd, Nanaimo

12:00pmLet it Begin With Me

Scout Hut, 445 Comox Rd, Nanaimo (pareking access through alley off Campbell st)

4:30 pmBeyond Belief (Agnostic Meeting) NEW!

N. Nanaimo Library - 6250 Hammond Bay Rd. First Room on the right when you enter Library

5:00pmCandlelight Meeting

Kin Hut , 2730 Departure By Rd. Nanaimo

7:00pmBig Book Cover To Cover

District Teachers Assoc Bldg, 3137 Barons Rd, Nanaimo *Bring your Big Book

7:30pmLadysmith Reflections

Bethel Church, 1149 4th Ave, Ladysmith

7:30pmMonday Big Book

4951 Rutherford Rd, Nanaimo

8:00pmNanaimo Step Group

Hope Lutheran, 2174 Departure Bay Rd, Nanaimo

TUESDAY

7:00amPass it On (Hybrid)

Alano Club, #206-321 Wallace St Nanaimo

10:00amTuesday Morning Women's Grp

First United Church, 232 High St, Ladysmith

12:00pmLet it Begin With Me

Scout Hut 445 Comox Rd, Nanaimo (parking access through alley off Campbell st

5:00pmThe Way Out

Coastal Supportive Services 2135 Bowen Rd, Nanaimo

7:00pmLive & Let Live LGBTQ+Allies

The Alano Club, #206-321 Wallace St, Nanaimo

7:00pmBreachin Group (RE-OPENING)

Breachin Church-2020 Estevan Rd. (Entrance at rear off Brechin, Nanaimo

7:30pmSolace by the Sea

St. Paul's Anglican Church, 100 Chapel St, Nanaimo

7:30pmSolace by the Sea (Online)

Online ZOOM - see nanaimoaa.org/meetings for link

Mid Island Intergroup Society
(250)753-7513
office@nanaimoaa.org

7:30pmLadysmith Men's (Online)

Online ZOOM - see nanaimoaa.org/meetings for link

WENESDAY

7:00amPass It On (Hybrid)

,Alano Club, #206-321 Wallace S Nanaimo

9:00amChairman's Choice (NEW Woman's meeting)

Community Hall-2200 South Rd. Gablriola

9:30amThe Promises Group,

Salvation Army (19 Nicol St, Nanaimo

12:00pmLet it Begin With Me

Scout Hut, 445 Comox Rd, Nanaimo parking access through alley off Campbell St

1:00pmStep Sisters – Women's Meeting

2221 Bowen Rd. Nanaimo

5:00pmCandlelight Meeting

Kin Hut , 2730 Departure By Rd. Nanaimo

7:00pmSaints We Ain't (NEW MEETING)

6011 Doumont Rd. Nanimo, Back Side of Trinity United Church

7:00pmThe Grapevine Trail

District Teachers Assoc Bldg, 3137 Barons Rd, Nanaimo *C *
*Open*_T_h_e_L_a_s_t_W_e_d_o_f_t_h_e_M_o_n_t_h_

7:00pmThe Hermits

Gabriola Fellowship Church, 775 Church St, Gabriola

7:30pmNext Guy on the List (Hybrid)

Kin Hut, 2730 Departure Bay Rd, Nanaimo

7:30pmJust for Today

Eagles Hall (d-stairs) 921 1st Ave, Ladysmith

THURSDAY

7:00amPass It On (Hybrid)

,Alano Club, #206-321 Wallace S Nanaimo

12:00pmLet it Begin With Me

Scout Hut, 456 Comox Rd, Nanaimo parking access through alley off Campbell St

12:00pmNoon Meeting

Christ Community Church, 2221 Bowen Rd, Nanaimo

5:00pmNewcomers New meeting,

Coastal Supportive Services, 2135 Bowen Rd, Nanaimo

THURSDAY

7:00pmCedar Discussion Group

Cedar Heritage Centre, 1644 MacMillan Rd, Nanaimo

7:00pmWe Do Recover

The Alano Club #206-321 Wallace, St, Nanaimo *The first 20 minutes is a speaker, followed by open sharing.

7:30pmThursday Night Women's Circle

Neighborhood Church, 4951 Rutherford Rd, Nanaimo

7:30pmLadysmith Step & Traditions

First United Church, 232 High St, Ladysmith

7:30pmThursday Night Discussion Group

Church of the Nazarene, 2150 Departure Bay Rd, Nanaimo

FRIDAY

7:00amPass it On (Hybrid)

Alano Club, #206-321 Wallace St. Nanaimo

12:00pmLet it Begin With Me

Scout Hut, 445 Comox Rd, Nanaimo parking access through alley off Campbell ST

12:00pmCasual Fridays

Gabriola Fellowship Church, 775 Church St Gabriola

1:00pmStep Sisters – Women's Meeting

2221 Bowen Rd. , Nanaimo

5:00pmCandlelight Meeting

Kin Hut , 2730 Departure By Rd. Nanaimo

5:30pmKeep It Simple (Hybrid)

Neighborhood Church, 4951 Rutherford Rd, Nanaimo

7:30pmMen's Closed Discussion Group

St. Andrews Presbyterian, 4235 Departure Bay Rd, Nanaimo

7:30pmFriday Freedom Found

First United Church, 232 High St, Ladysmith

8:30pmDeparture Bay Step Group

Kin Hut, 2730 Departure Bay Rd, Nanaimo

SATURDAY

7:00amPass It On (Hybrid)

Alano Club, #206-321 Wallace St, Nanaimo

8:00amLadysmith 11th Meditation and Prayer Meeting (Online)

Online ZOOM - see nanaimoaa.org/meetings for link

10:00amWomen's Steps on Saturday SOS (Hybrid)

4235 Departure Bay Rd. St Andrews Presbyterian Church (NEW LOCATION) Nanaimo

12:00pmLet it Begin With Me

Scout Hut 445 Comox Rd, Nanaimo parking access through alley off Campbell St.

7:00pmSaturday Night Discussion Group

First United Church, 232 High St, Ladysmith

7:30pmBack to Basics

Nanaimo District Teachers Assoc Bldg, 3137 Barons Rd, Nanaimo

8:30pmSaturday Night Cedar Group

Cedar United Church, 1644 Cedar Rd, Nanaimo

SUNDAY - see other side

Pamphlet Legend

 Open Meeting - Anyone can attend



Closed Meeting - Alcoholics only, or anyone with a desire to stop drinking



Online Meeting - This meeting is available online only



Hybrid Meeting - This meeting is hyrbid, available both in person and online



Wheel Chair Accessible



Men's Only - Only those who identify as male may attend



Woman's Only - Only those who identify as female may attend

***All Online and Hybrid meeting ZOOM links can be found at: nanaimoaa.org/meetings**
www.nanaimoaa.org

Alano Club, #206-321 Wallace St, Nanaimo

Cedar Heritage Centre, 1644 MacMillan Rd, Nandimoro

Country Grocer, 82 Twelfth St, Nanaimo, BC V9R 6R6

Nanaimo District Teachers Assoc Bldg, 3137 Barons
Rd Nanaimo

Alano Club, #206-321 Wallace St, Nanaimo

Gabriola Fellowship Church, 775 Church St, Gabriola



Call for more information (250) 753 7513

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Reprinted with permission of the A.A. Grapevine, Inc.
RRegistered trademark of A.A. World Services, Inc.

Mid-Island Intergroup Society

nanaimoaa.org/intergroup-rep-resources/

Zoom Links: nanaimoaa.org/districts-7-6/

[illegible]

JULY 2026

Please check the website for the most current meeting schedule.

nanaimoaa.org



SCAN ME

(PLEASE CALL AHEAD)

Drive Down Robson
(Last parking lot on Right)

(Last parking lot on Right)