

MONDAY

7:00am

PassItOn (Hybrid)

Alano Club, #206-321 Wallace St. Nanaimo



12:00pm

Trudging The Broad Hwy

St. Andrews Presbyterian, 4235 Departure Bay Rd, Nanaimo



12:00pm

Let it Begin With Me

Scout Hut, 445 Comox Rd, Nanaimo



5:00pm

Candlelight Meeting

Kin Hut , 2730 Departure By Rd. Nanaimo



7:00pm

Big Book Cover To Cover

District Teachers Assoc Bldg, 3137 Barons Rd, Nanaimo



\*Bring your Big Book

7:30pm

Ladysmith Reflections

Bethel Church, 1149 4th Ave, Ladysmith



7:30pm

Monday Big Book

4951 Rutherford Rd, Nanaimo



8:00pm

Nanaimo Step Group

Hope Lutheran, 2174 Departure Bay Rd, Nanaimo



TUESDAY

7:00am

Pass it On (Hybrid)

Alano Club, #206-321 Wallace St Nanaimo



10:00am

Tuesday Morning Women's Grp

First United Church, 232 High St, Ladysmith



12:00pm

Let it Begin With Me

Scout Hut 445 Comox Rd, Nanaimo



5:00pm

The Way Out

Coastal Supportive Services  
2135 Bowen Rd, Nanaimo



7:00pm

Live & Let Live LGBTQ+Allies

The Alano Club, #206-321 Wallace St, Nanaimo



7:00pm

Brechin Group (RE-OPENING)

Brechin Church-2020 Estevan Rd. (Entrance at rear off Brechin, Nanaimo



7:30pm

Solace by the Sea

St. Paul's Anglican Church, 100 Chapel St, Nanaimo



7:30pm

Solace by the Sea (Online)

Online ZOOM - see nanaimoaa.org/meetings for link



7:30pm

Ladysmith Men's (Online)

Online ZOOM - see nanaimoaa.org/meetings for link






WENESDAY

7:00am

Pass It On (Hybrid)


,Alano Club, #206-321 Wallace S Nanaimo



9:00am

Chairman's Choice (NEW)



Community Hall-2200 South Rd. Gablriola



9:30am

The Promises Group, Salvation Army



(19 Nicol St, Nanaimo



12:00pm

Let it Begin With Me




Scout Hut, 445 Comox Rd, Nanaimo



1:00pm

Step Sisters – Women's Meeting



2221 Bowen Rd. Nanaimo



5:00pm

Candlelight Meeting


Kin Hut , 2730 Departure By Rd. Nanaimo



7:00pm

Saints We Ain't (NEW MEETING)


6011 Doumont Rd. Nanimo, Back Side of Tinity United Church



7:00pm

The Grapevine Trail



District Teachers Assoc Bldg, 3137 Barons Rd, Nanaimo \*C \*  
\*Open\*\_T\_h\_e\_L\_a\_s\_t\_W\_e\_d\_o\_f\_t\_h\_e\_M\_o\_n\_t\_h



7:00pm

The Hermits



Gablriola Fellowship Church, 775 Church St, Gablriola



7:30pm

Next Guy on the List (Hybrid)



Kin Hut, 2730 Departure Bay Rd, Nanaimo



7:30pm

Just for Today

Eagles Hall (d-stairs) 921 1st Ave, Ladysmith






THURSDAY

7:00am

Pass It On (Hybrid)



,Alano Club, #206-321 Wallace S Nanaimo



12:00pm

Let it Begin With Me



Scout Hut, 456 Comox Rd, Nanaimo



12:00pm

Noon Meeting


Christ Community Church, 2221 Bowen Rd, Nanaimo



7:00pm

Cedar Discussion Group


Cedar Heritage Centre, 1644 MacMillan Rd, Nanaimo



7:00pm

We Do Recover

The Alano Club #206-321 Wallace, St, Nanaimo





\*The first 20 minutes is a speaker, followed by open sharing.

THURSDAY

7:30pm

Thursday Night Women's Circle


Neighborhood Church, 4951 Rutherford Rd, Nanaimo



7:30pm

Ladysmith Step & Traditions


First United Church, 232 High St, Ladysmith



7:30pm

Thursday Night Discussion Group




Church of the Nazarene, 2150 Departure Bay Rd, Nanaimo



7:00am

Pass it On (Hybrid)



, Alano Club, #206-321 Wallace St. Nanaimo



12:00pm

Let it Begin With Me



Scout Hut, 445 Comox Rd, Nanaimo



12:00pm

Casual Fridays




Gablriola Fellowship Church, 775 Church St Gablriola



1:00pm

Step Sisters – Women's Meeting



2221 Bowen Rd. , Nanaimo



5:00pm

Candlelight Meeting



Kin Hut , 2730 Departure By Rd. Nanaimo



5:30pm

Keep It Simple (Hybrid)




Neighborhood Church, 4951 Rutherford Rd, Nanaimo



7:30pm

Men's Closed Discussion Group


St. Andrews Presbyterian, 4235 Departure Bay Rd, Nanaimo



7:30pm

Friday Freedom Found


First United Church, 232 High St, Ladysmith



8:30pm

Departure Bay Step Group

Kin Hut, 2730 Departure Bay Rd, Nanaimo



FRIDAY

7:00am

Pass it On (Hybrid)

, Alano Club, #206-321 Wallace St. Nanaimo



12:00pm

Let it Begin With Me

Scout Hut, 445 Comox Rd, Nanaimo



12:00pm

Casual Fridays

Gablriola Fellowship Church, 775 Church St Gablriola



1:00pm

Step Sisters – Women's Meeting

2221 Bowen Rd. , Nanaimo



5:00pm

Candlelight Meeting

Kin Hut , 2730 Departure By Rd. Nanaimo



5:30pm

Keep It Simple (Hybrid)

Neighborhood Church, 4951 Rutherford Rd, Nanaimo



7:30pm

Men's Closed Discussion Group

St. Andrews Presbyterian, 4235 Departure Bay Rd, Nanaimo



7:30pm

Friday Freedom Found

First United Church, 232 High St, Ladysmith



8:30pm

Departure Bay Step Group

Kin Hut, 2730 Departure Bay Rd, Nanaimo






SATURDAY

7:00am

Pass It On (Hybrid)



Alano Club, #206-321 Wallace St, Nanaimo



8:00am

Ladysmith 11th Meditation and Prayer Meeting (Online)




Online ZOOM - see nanaimoaa.org/meetings for link



10:00am

Women's Steps on Saturday SOS (Hybrid)



District Teachers Assoc BLDG,3137 Barons Rd Nanaimo



12:00pm

Let it Begin With Me


Scout Hut 445 Comox Rd, Nanaimo



7:00pm

Saturday Night Discussion Group




First United Church, 232 High St, Ladysmith



7:30pm

Back to Basics


Nanaimo District Teachers Assoc Bldg, 3137 Barons Rd, Nanaimo



8:30pm








Saturday Night Cedar Group

Cedar United Church, 1644 Cedar Rd, Nanaimo



SUNDAY - see other side

Pamphlet Legend

- **Open Meeting** - Anyone can attend
- **Closed Meeting** - Alcoholics only, or anyone with a desire to stop drinking
- **Online Meeting** - This meeting is available online only
- **Hybrid Meeting** - This meeting is hyrbid, available both in person and online
- **Wheel Chair Accessible**
- **Men's Only** - Only those who identify as male may attend
- **Woman's Only** - Only those who identify as female may attend

Mid Island Intergroup Society

(250)753-7513

nanaimoaa@shaw.ca

(250) 753 7513 - nanaimoaa@shaw.ca

**\*All Online and Hybrid meeting ZOOM links can be found at: [nanaimoaa.org/meetings](https://nanaimoaa.org/meetings)**

**[www.nanaimoaa.org](https://www.nanaimoaa.org)**

