

## Alcoholics Anonymous

Nanaimo, Ladysmith, Parksville, Port Alberni, Tofino & surrounding areas

Phone: 250-753-7513 or  
Toll free: 1-833-753-7513

For the most up to date listings please  
visit: [nanaimoaa.org](http://nanaimoaa.org)

### Monday

7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X,ONL)

Noon **Brown Baggers Monday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O)

**Let it Begin With Me (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O)

**Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

**New Beginnings for Women (in-person)**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church* (C,D,W)

5:00 pm **5pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)

7:00 pm **Ucluelet West Coast Group (in-person)**, Holy Family Church, 1663 Peninsula Rd, **Ucluelet**, (12x12,C)

**Big Book Group (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (B,C)

7:30 pm **Emotional Sobriety (Hybrid / in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (D,O,ONL)

### Tuesday (cont)

10:00 am **Tuesday Morning Women's Group (in-person)**, First United Church, 232 High St, **Ladysmith**, (C,W)

Noon **Let it Begin With Me (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X)

**Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

5:00 pm **5pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)

7:00 pm **Alberni Valley Women's Group (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X,W)

**Live & Let Live LGBTQ+ & Allies (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (LGBTQ,O,X)

**Women's Grace Group (in-person)**, Errington Hall, 1390 Errington Rd, **Errington**, (C,D,W)

**The Grapevine Trails (in-person)**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church* (C,D,GR)

7:30 pm **Brechin Group (in-person)**, German Cultural Centre, 71 Caledonia Ave, **Nanaimo**, (D,O,OUT)

**Tofino Forever - Step Meeting (in-person)**, St. Francis of Assisi, 441 Main St, **Tofino**, (O,ST)

**Solace by the Sea (Hybrid / in-person)**, Unity Church of Nanaimo, 2331 E Wellington Rd, **Nanaimo**, *\*Access entrance is at the back of the church* (D,O,X,ONL)

### Wednesday

7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X,ONL)

Noon **Brown Baggers Wednesday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O,X)

### Wednesday (cont)

Noon **Let it Begin With Me (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X)

**Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

5:00 pm **5pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)

7:00 pm **The Hermits (in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (O,X)

7:30 pm **Step 11 Meditation (Hybrid / in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (B,C,X,ONL)

8:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (B,C)

### Thursday

Noon **Noon Meeting (in-person)**, Christ Community Church, 2221 Bowen Rd, **Nanaimo**, *Room 2* (O,X)

**Let it Begin With Me (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X)

**Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

7:00 pm **Ucluelet West Coast Group (in-person)**, Holy Family Church, 1663 Peninsula Rd, **Ucluelet**, (D,O)

**We Do Recover (In-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,SP)

8:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X)

### Friday

10:00 am **BYOC (in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (C,X)

Noon **Brown Baggers Friday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O,X)

**Casual Friday (Hybrid / in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (O,X,ONL)

## In-person Meeting Directory - Updated April 11, 2021

### Friday (cont)

Noon **Let it Begin With Me (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre (D,O,X)*

**Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

5:00 pm **5pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building (D,O,X)*

7:00 pm **As Bill Sees It (in-person)**, Errington Hall, 1390 Errington Rd, **Errington**, (C,D)

**Stepway to Serenity (in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (C,X)

**Lightkeepers Group (in-person)**, Lighthouse Community Centre, 240 Lions Way, **Qualicum Beach**, (D,O,X)

**TGIF (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre (D,O,ONL)*

7:30 pm **Friday Freedom Found (in-person)**, First United Church, 232 High St, **Ladysmith**, (O)

**Men's Closed Discussion Group (in-person)**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church (C,M,X)*

**Tofino Forever - Discussion Meeting (in-person)**, St. Francis of Assisi, 441 Main St, **Tofino**, (D,O)

10:00 pm **10pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building (D,O,X)*

### Saturday

7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre (D,O,X,ONL)*

10:00 am **Women's Steps on Saturday / SOS (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre (C,D,W,ONL)*

Noon **Let it Begin With Me (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre (D,O,X)*

### Saturday (cont)

Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

10:00 pm **10pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building (D,O,X)*

### Sunday

10:00 am **Sunday Serenity (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre (O,ASL,X)*

10:30 am **Sunday Morning Gratitude (Hybrid / in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (D,O,X,ONL)

11:00 am **I am Responsible (in-person)**, Cedar Heritage Centre, 1644 MacMillan Rd, **Nanaimo**, (D,O,X)

Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

5:00 pm **5pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building (D,O,X)*

6:30 pm **Sunday Night Ladies Meeting (in-person)**, Kin Hut, 2730 Departure Bay Rd, **Nanaimo**, (LIT,O,X,W)

7:00 pm **One Day at a Time (in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (B,O,ST,X)

**Mustard Seed Step & Tradition (in-person)**, Oceanside Church, 2304 Jingle Pot Rd, **Nanaimo**, *Located inside the "Junction" at Oceanside Church (D,O)*

#### Meeting Symbols – What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (ALS) Sign Language, (X) Wheelchair Access

### Service Meetings

**Mid-Island Intergroup Society meeting** is generally the second Wednesday of the month at 6PM on Zoom. ID 821 6666 5997 Password: Intergroup. Please confirm meeting dates with the office. No meetings in July & August.

**Mid-Island Intergroup Society Operating Committee meeting:** the 3rd Wednesday of the month at 6PM on Zoom. ID 821 6666 5997 Password: Intergroup