

Alcoholics Anonymous

In-Person and Hybrid Meeting List for the Nanaimo, Ladysmith, Parksville, Qualicum Beach, Port Alberni, Tofino & surrounding areas

Phone: 250-753-7513 or
Toll free: 1-833-753-7513

For the most up to date listings please visit: nanaimoaa.org

Monday

- 7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (D,O,X,ONL)
- Noon **Brown Baggers Monday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Broads Trudging The Broad Hwy (in-person) Women's Meeting**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the building on the right of the Church* (D,O,X,W)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance on Fitzwilliam side of church down the stairs. Smoking is NOT allowed on the property. For wheelchair access, please arrive about 20 minutes early to ask for access.* (D,O,X)
- 5:00 pm **5pm Candlelight Meeting (in-person)**, Unity Vancouver Island, 2325 E Wellington Rd, **Nanaimo**, (D,O,X)
- 7:00 pm **Echo Group (in-person)**, Alberni Valley United Church, 3747 Church St, **Port Alberni**, (D,O)
- Big Book Group (in-person)**, Nanaimo District Teachers Assoc Bldg., 3137 Barons Rd, **Nanaimo**, (B,C,X)
- 7:30 pm **Ladysmith Reflections (in-person)**, Bethel Church, 1149 4th Ave, **Ladysmith**, (O,X)

Monday (cont)

- 7:30 pm **Monday Night Big Book Group (in-person)**, Neighbourhood Church, 4951 Rutherford Rd, **Nanaimo**, *In the separate portable* (B,C)
- Emotional Sobriety (in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (D,O)
- Monday Night Qualicum Beach Group (in-person)**, St. Stephen's United Church, 150 Village Way, **Qualicum Beach**, (12x12,C)
- 8:00 pm **Ucluelet West Coast Group (in-person)**, Holy Family Church, 1663 Peninsula Rd, **Ucluelet**, (12x12,C)
- Nanaimo Step Group (in-person)**, Hope Lutheran, 2174 Departure Bay Rd, **Nanaimo**, (C,ST)

Tuesday

- 10:00 am **Tuesday Morning Women's Group (in-person)**, First United Church, 232 High St, **Ladysmith**, (C,W)
- Noon **One Day at a Time (in-person)**, Bradley Centre, 975 Shearme Rd, **Parksville**, (O)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance on Fitzwilliam side of church down the stairs. Smoking is NOT allowed on the property. For wheelchair access, please arrive about 20 minutes early to ask for access.* (D,O,X)
- 7:00 pm **Women's Grace Group (in-person)**, Bradley Centre, 975 Shearme Rd, **Parksville**, (C,D,W)
- Alberni Valley Women's Group (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X,W)
- Live & Let Live LGBTQ+ & Allies (in-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (LGBTQ,O,X)
- Alberni Valley Group (in-person)**, Salvation Army Building, 4835 Argyle St, **Port Alberni**, (C,ST)
- 7:30 pm **Brechin Group (in-person)**, German Cultural Centre, 71 Caledonia Ave, **Nanaimo**, (D,O,OUT)
- Keep It Simple (in-person)**, Knox United Church, 345 Pym St, **Parksville**, (C,D,M)
- Primary Purpose Big Book Study (in-person)**, Our Saviour Lutheran Church, 795 Island Hwy W, **Parksville**, (B,C,X)

Tuesday (cont)

- 7:30 pm **Tofino Forever - Step Meeting (in-person)**, St. Francis of Assisi, 441 Main St, **Tofino**, (O,ST)
- Solace by the Sea (in-person)**, Unity Vancouver Island, 2325 E Wellington Rd, **Nanaimo**, (D,O,X)

Wednesday

- 7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (D,O,X,ONL)
- Noon **Brown Baggers Wednesday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O,X)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance on Fitzwilliam side of church down the stairs. Smoking is NOT allowed on the property. For wheelchair access, please arrive about 20 minutes early to ask for access.* (D,O,X)
- 1:30 pm **Women's Meeting (in-person)**, Unity Vancouver Island, 2325 E Wellington Rd, **Nanaimo**, (C,D,X,W)
- 5:00 pm **5pm Candlelight Meeting (in-person)**, Unity Vancouver Island, 2325 E Wellington Rd, **Nanaimo**, (D,O,X)
- 7:00 pm **The Hermits (hybrid)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (O,X,ONL)
- The Grapevine Trails (in-person)**, Nanaimo District Teachers Assoc Bldg., 3137 Barons Rd, **Nanaimo**, (C,D,GR,X)
- 7:30 pm **Just for Today (in-person)**, Eagles Hall (downstairs), 921 1st Ave, **Ladysmith**, *Downstairs* (D,O)
- Next Guy on the List (hybrid / in-person)**, Kin Hut, 2730 Departure Bay Rd, **Nanaimo**, (C,D,M,ONL)
- Back to Basics (in-person)**, Nanoose Place, 2925 NW Bay Rd, **Nanoose Bay**, (D,O)
- Step 11 Meditation (in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (B,C,X)
- 8:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (B,C,X)

Thursday

- Noon **One Day at a Time (in-person)**, Bradley Centre, 975 Shearme Rd, **Parksville**, (O)

Thursday (cont)

- Noon **Noon Meeting (in-person)**, Christ Community Church, 2221 Bowen Rd, **Nanaimo**, Room 2 (O,X)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance on Fitzwilliam side of church down the stairs. Smoking is NOT allowed on the property. For wheelchair access, please arrive about 20 minutes early to ask for access.* (D,O,X)
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- 7:00 pm **Cedar Discussion Group (in-person)**, Cedar Heritage Centre, 1644 MacMillan Rd, **Nanaimo**, (C,D,X)
- We Do Recover (In-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (D,O,SP)
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- 7:30 pm **Thursday Night Discussion Group (in-person)**, Church of the Nazarene, 2150 Departure Bay Rd, **Nanaimo**, *In portable beside church* (D,O)
- Ladysmith Steps & Traditions (in-person)**, First United Church, 232 High St, **Ladysmith**, (12x12,O)
- Thursday Night Women's Circle (in-person)**, Neighbourhood Church, 4951 Rutherford Rd, **Nanaimo**, *In the separate portable* (O,W)
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- 8:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X)
- Ucluelet West Coast Group (in-person)**, Holy Family Church, 1663 Peninsula Rd, **Ucluelet**, (D,O)

Friday

- 10:00 am **BYOC (in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (C,X)
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- Noon **Brown Baggers Friday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O,X)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance on Fitzwilliam side of church down the stairs. Smoking is NOT allowed on the property. For wheelchair access, please arrive about 20 minutes early to ask for access.* (D,O,X)

Friday (cont)

- 1:30 pm **Step Sisters (in-person)**, Unity Vancouver Island, 2325 E Wellington Rd, **Nanaimo**, (C,D,X,W)
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- 5:00 pm **5pm Candlelight Meeting (in-person)**, Unity Vancouver Island, 2325 E Wellington Rd, **Nanaimo**, (D,O,X)
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- 5:30 pm **Keep It Simple (hybrid / in-person)**, Neighbourhood Church, 4951 Rutherford Rd, **Nanaimo**, *In the separate portable* (B,C,D,ONLINE,ONL)
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- 7:00 pm **Lightkeepers Group (in-person)**, Lighthouse Community Centre, 240 Lions Way, **Qualicum Beach**, (D,O,X)
- Friday Night Library Group (in-person)**, The Scout Hut, 445 Comox Rd, **Nanaimo**, *Entrance on Campbell Street between the Old Caledonian Clinic and Pauline Haarer School* (D,O)
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- 7:30 pm **Friday Freedom Found (in-person)**, First United Church, 232 High St, **Ladysmith**, (O)
- Men's Closed Discussion Group (in-person)**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the building on the right of the Church* (C,M,X)
- Tofino Forever - Discussion Meeting (in-person)**, St. Francis of Assisi, 441 Main St, **Tofino**, (D,O)
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- 8:30 pm **Departure Bay Step Group (in-person)**, Kin Hut, 2730 Departure Bay Rd, **Nanaimo**, (O,ST)

Saturday

- 7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (D,O,X,ONL)
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- 8:30 am **Safe Harbour (in-person)**, St. Paul's Anglican Church, 100 Chapel St, **Nanaimo**, (D,O)
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- 10:00 am **Women's Steps on Saturday / SOS (Hybrid / in-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (C,D,W,ONL)
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- Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance on Fitzwilliam side of church down the stairs. Smoking is NOT allowed on the property. For wheelchair access, please arrive about 20 minutes early to ask for access.* (D,O,X)
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- 7:30 pm **Back to Basics (in-person)**, Nanaimo District Teachers Assoc Bldg., 3137 Barons Rd, **Nanaimo**, (D,O,X)

Saturday (cont)

- 7:30 pm **Saturday Night Live (in-person)**, SOS Hall (Society of Organized Services), 245 Hirst Ave W, **Parksville**, (O,X)
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- 8:00 pm **Living Sober (in-person)**, St. Stephen's United Church, 150 Village Way, **Qualicum Beach**, (O)
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- 8:30 pm **Saturday Night Cedar Group (in-person)**, Cedar United Church, 1644 Cedar Rd, **Nanaimo**, (D,O)

Sunday

- 10:00 am **Sunday Serenity (in-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (O,ASL,X)
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- 10:30 am **Sunday Morning Gratitude (in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (D,O,X)
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- 11:00 am **I am Responsible (in-person)**, Cedar Heritage Centre, 1644 MacMillan Rd, **Nanaimo**, (D,O,X)
- Sunlight of the Spirit (in-person)**, Nanaimo District Teachers Assoc Bldg., 3137 Barons Rd, **Nanaimo**, (D,O,X)
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- Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
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- 6:30 pm **Sunday Night Ladies Meeting (hybrid / in-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (LIT,O,X,W,ONL)
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- 7:00 pm **One Day at a Time (hybrid)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (B,O,ST,X,ONL)
- Alberni Valley Group (in-person)**, Salvation Army Building, 4835 Argyle St, **Port Alberni**, (C,D)
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- 7:30 pm **Sunday 12 & 12 Group (in-person)**, SOS Hall (Society of Organized Services), 245 Hirst Ave W, **Parksville**, (12x12,C)
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- 8:00 pm **Sunday Living Sober (in-person)**, Nanaimo Alano Club, 880 Hecate St, **Nanaimo**, (O)

Meeting Symbols – What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (ALS) Sign Language, (X) Wheelchair Access

Service Meetings

Mid-Island Intergroup Society meeting is the second Wednesday of the month at 6PM on Zoom. ID 821 6666 5997 Password: Intergroup.

Mid-Island Intergroup Society Operating Committee meeting: the fourth Wednesday of the month at 6:30PM on Zoom. ID 821 6666 5997 Password: Intergroup