

Alcoholics Anonymous

In-Person and Hybrid Meeting List for the Nanaimo, Ladysmith, Parksville, Qualicum Beach, Port Alberni, Tofino & surrounding areas

Phone: 250-753-7513 or
Toll free: 1-833-753-7513

For the most up to date listings please
visit: nanaimoaa.org

Monday

- 7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, (D,O,X,ONL)
- Noon **Brown Baggers Monday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Broads Trudging The Broad Hwy (in-person) Women's Meeting**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church* (D,O,X,W)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance at rear parking lot. Smoking is NOT allowed on the property.* (D,O,X)
- 5:00 pm **5pm Candlelight Meeting (in-person)**, Unity Church of Nanaimo, 2331 E Wellington Rd, **Nanaimo**, (D,O,X)
- 7:00 pm **Big Book Group (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, (B,C)
- 7:30 pm **Ladysmith Reflections (in-person)**, Bethel Church, 1149 4th Ave, **Ladysmith**, (O,X)
- Emotional Sobriety (Hybrid / in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (D,O,ONL)
- Monday Night Qualicum Beach Group (in-person)**, St. Stephen's United Church, 150 Village Way, **Qualicum Beach**, (12x12,C)

Monday (cont)

- 8:00 pm **Ucluelet West Coast Group (in-person)**, Holy Family Church, 1663 Peninsula Rd, **Ucluelet**, (12x12,C)

Tuesday

- 10:00 am **Tuesday Morning Women's Group (in-person)**, First United Church, 232 High St, **Ladysmith**, (C,W)
- Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance at rear parking lot. Smoking is NOT allowed on the property.* (D,O,X)
- 7:00 pm **Alberni Valley Women's Group (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X,W)
- Women's Grace Group (in-person)**, Errington Hall, 1390 Errington Rd, **Errington**, (C,D,W)
- Live & Let Live LGBTQ+ & Allies (in-person)**, Nanaimo Foodshare, 271 Pine St, **Nanaimo**, *Garden gazebo behind the Foodshare house* (LGBTQ,O,X)
- 7:30 pm **Brechin Group (in-person)**, German Cultural Centre, 71 Caledonia Ave, **Nanaimo**, (D,O,OUT)
- Keep It Simple**, Knox United Church, 345 Pym St, **Parksville**, (C,D,M)
- Primary Purpose Big Book Study (in-person)**, Our Saviour Lutheran Church, 795 Island Hwy W, **Parksville**, (B,C,X)
- Tofino Forever - Step Meeting (in-person)**, St. Francis of Assisi, 441 Main St, **Tofino**, (O,ST)
- Solace by the Sea (in-person)**, Unity Church of Nanaimo, 2331 E Wellington Rd, **Nanaimo**, (D,O,OUT,X)

Wednesday

- 7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, (D,O,X,ONL)
- Noon **Brown Baggers Wednesday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O,X)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance at rear parking lot. Smoking is NOT allowed on the property.* (D,O,X)

Wednesday (cont)

- 1:30 pm **Women's Meeting (in-person)**, Unity Church of Nanaimo, 2331 E Wellington Rd, **Nanaimo**, (C,D,X,W)
- 6:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X)
- 7:00 pm **The Hermits (in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (O,X)
- 7:30 pm **Next Guy on the List (Hybrid / in-person)**, Kin Hut, 2730 Departure Bay Rd, **Nanaimo**, (C,D,M,X,ONL)
- Step 11 Meditation (Hybrid / in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (B,C,X,ONL)
- 8:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (B,C,X)

Thursday

- Noon **Noon Meeting (in-person)**, Christ Community Church, 2221 Bowen Rd, **Nanaimo**, *Room 2* (O,X)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance at rear parking lot. Smoking is NOT allowed on the property.* (D,O,X)
- 5:00 pm **5pm Candlelight Meeting (in-person)**, Unity Church of Nanaimo, 2331 E Wellington Rd, **Nanaimo**, (D,O,X)
- 7:00 pm **Cedar Discussion Group (in-person)**, Cedar Heritage Centre, 1644 MacMillan Rd, **Nanaimo**, (C,D,X)
- We Do Recover (In-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, (D,O,SP)
- 7:30 pm **Thursday Night Discussion Group (in-person)**, Church Of The Nazarene, 2150 Departure Bay Rd, **Nanaimo**, (D,O,X)
- Ladysmith Steps & Traditions**, First United Church, 232 High St, **Ladysmith**, (12x12,O)
- Thursday Night Women's Circle (in-person)**, Neighbourhood Church, 4951 Rutherford Rd, **Nanaimo**, *In the separate blue portable off the gravel parking lot* (O,W)
- 8:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X)
- Ucluelet West Coast Group (in-person)**, Holy Family Church, 1663 Peninsula Rd, **Ucluelet**, (D,O)

Friday (cont)

- 10:00 am **BYOC (in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (C,X)
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- Noon **Brown Baggers Friday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O,X)
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- Casual Friday (in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (12x12,O,X)
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- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
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- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance at rear parking lot. Smoking is NOT allowed on the property.* (D,O,X)
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- 1:30 pm **Step Sisters (in-person)**, Unity Church of Nanaimo, 2331 E Wellington Rd, **Nanaimo**, (C,D,X,W)
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- 5:30 pm **Keep It Simple (hybrid / in-person)**, Neighbourhood Church, 4951 Rutherford Rd, **Nanaimo**, *In the separate blue portable off the gravel parking lot* (B,C,D,ONL)
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- 7:00 pm **Lightkeepers Group (in-person)**, Lighthouse Community Centre, 240 Lions Way, **Qualicum Beach**, (D,O,X)
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- Came to Believe**, St. Stephen's United Church, 150 Village Way, **Qualicum Beach**, (C,X)
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- Friday Night Library Group**, The Scout Hut, 445 Comox Rd, **Nanaimo**, *Entrance is a lane on the 300-block of Campbell Street between the old Caledonia Clinic and Pauline Haarer School. Parking is available at either of these places or right at the top of the lane at the Scout Hut.* (D,O)
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- TGIF (in-person)**, Westwood Lake Park, Westwood Lake Park, **381 Westwood Rd**, *Meet at Westwood Lake 2nd beach for an outdoor campfire meeting* (D,O,OUT)
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- 7:30 pm **Friday Freedom Found (in-person)**, First United Church, 232 High St, **Ladysmith**, (O)
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- Men's Closed Discussion Group (in-person)**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church* (C,M,X)
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- Tofino Forever - Discussion Meeting (in-person)**, St. Francis of Assisi, 441 Main St, **Tofino**, (D,O)
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- 8:30 pm **Departure Bay Step Group (in-person)**, Kin Hut, 2730 Departure Bay Rd, **Nanaimo**, (O,ST,X)

Saturday (cont)

- 7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, (D,O,X,ONL)
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- 10:00 am **Women's Steps on Saturday / SOS (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, (C,D,W,ONL)
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- Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
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- Let it Begin With Me (in-person)**, St. Peter's Church, 301 Machleary St, **Nanaimo**, *Entrance at rear parking lot. Smoking is NOT allowed on the property.* (D,O,X)
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- 7:00 pm **Saturday Night Live**, SOS Hall (Society of Organized Services), 245 Hirst Ave W, **Parksville**, (O,X)
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- 8:30 pm **Saturday Night Cedar Group (in-person)**, Cedar United Church, 1644 Cedar Rd, **Nanaimo**, (D,O)

Sunday

- 10:00 am **Sunday Serenity (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, (O,ASL,X)
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- 10:30 am **Sunday Morning Gratitude (in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (D,O,X)
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- 11:00 am **I am Responsible (in-person)**, Cedar Heritage Centre, 1644 MacMillan Rd, **Nanaimo**, (D,O,X)
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- Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
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- 6:30 pm **Sunday Night Ladies Meeting (in-person)**, Kin Hut, 2730 Departure Bay Rd, **Nanaimo**, (LIT,O,X,W)
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- 7:00 pm **One Day at a Time (in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (B,O,ST,X)
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- Mustard Seed Step & Tradition (in-person outdoor)**, Oceanside Church, 2304 Jingle Pot Rd, **Nanaimo**, *Located inside the "Junction" at Oceanside Church* (12x12,D,O,OUT)
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- The Grapevine Trails (in-person)**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church* (C,D,GR,X)
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- 7:30 pm **Sunday 12 & 12 Group**, SOS Hall (Society of Organized Services), 245 Hirst Ave W, **Parksville**, (12x12,C)

Meeting Symbols – What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (ALS) Sign Language, (X) Wheelchair Access

Service Meetings

Mid-Island Intergroup Society meeting is generally the second Wednesday of the month at 6PM on Zoom. ID 821 6666 5997 Password: Intergroup. Please confirm meeting dates with the office. No meetings in July & August.

Mid-Island Intergroup Society Operating Committee meeting: the 3rd Wednesday of the month at 6PM on Zoom. ID 821 6666 5997 Password: Intergroup