

Alcoholics Anonymous

Nanaimo, Ladysmith, Parksville, Port Alberni, Tofino & surrounding areas

Phone: 250-753-7513 or
Toll free: 1-833-753-7513

For the most up to date listings please
visit: nanaimoaa.org

Monday

- Noon **Brown Baggers Monday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O)
- Let it Begin With Me**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
- New Beginnings for Women (in-person)**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church* (C,D,W)
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- 5:00 pm **5pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)
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- 7:00 pm **Ucluelet West Coast Group (in-person)**, Holy Family Church, 1663 Peninsula Rd, **Ucluelet**, (12x12,C)
- Big Book Group (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (B,C)
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- 7:30 pm **Emotional Sobriety (Hybrid / in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (D,O,ONL)

Tuesday (cont)

- Noon **Let it Begin With Me**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
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- 5:00 pm **5pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)
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- 7:00 pm **Alberni Valley Women's Group (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X,W)
- Live & Let Live LGBTQ+ & Allies (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (LGBTQ,O,X)
- Women's Grace Group (in-person)**, Errington Hall, 1390 Errington Rd, **Errington**, (C,D,W)
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- 7:30 pm **Brechin Group (in-person)**, German Cultural Centre, 71 Caledonia Ave, **Nanaimo**, (D,O,OUT)
- Tofino Forever - Step Meeting (in-person)**, St. Francis of Assisi, 441 Main St, **Tofino**, (O,ST)
- Solace by the Sea (Hybrid / in-person)**, Unity Church of Nanaimo, 2331 E Wellington Rd, **Nanaimo**, **Access entrance is at the back of the church* (D,O,X,ONL)

Wednesday

- 7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X,ONL)
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- Noon **Brown Baggers Wednesday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O,X)
- Let it Begin With Me**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

Wednesday (cont)

- 5:00 pm **5pm Candelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)
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- 7:00 pm **The Hermits (in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (O,X)
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- 7:30 pm **Step 11 Meditation (Hybrid / in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (B,C,X,ONL)
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- 8:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (B,C)

Thursday

- Noon **Noon Meeting (in-person)**, Christ Community Church, 2221 Bowen Rd, **Nanaimo**, *Room 2* (O,X)
- Let it Begin With Me**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X)
- Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)
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- 7:00 pm **Ucluelet West Coast Group (in-person)**, Holy Family Church, 1663 Peninsula Rd, **Ucluelet**, (D,O)
- The Grapevine Trails (in-person)**, St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church* (C,D,GR)
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- 8:00 pm **Open Doors (in-person)**, Bread Of Life Centre, 3130 3rd Ave, **Port Alberni**, (D,O,X)

Friday

- 10:00 am **BYOC (in-person)**, Shelly Road Centre, 186 Shelly Rd, **Parksville**, (C,X)
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- Noon **Brown Baggers Friday (in-person)**, Fraternal Order of the Eagles Hall (F.O.E), 281 Island Hwy E, **Parksville**, *Below and at the rear of the Pharmasave mall* (D,O,X)
- Casual Friday (Hybrid / in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (O,X,ONL)
- Let it Begin With Me**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X)

In-person Meeting Directory - Updated February 24th, 2021

Friday (cont)

Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

5:00 pm **5pm Candlelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)

7:00 pm **As Bill Sees It (in-person)**, Errington Hall, 1390 Errington Rd, **Errington**, (C,D)

Stepway to Serenity (in-person), Gabriola Fellowship Church, 775 Church St, **Gabriola**, (C,X)

Lightkeepers Group (in-person), Lighthouse Community Centre, 240 Lions Way, **Qualicum Beach**, (D,O,X)

TGIF (Hybrid / in-person), Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,ONL)

7:30 pm **Friday Freedom Found (in-person)**, First United Church, 232 High St, **Ladysmith**, (O)

Men's Closed Discussion Group (in-person), St. Andrews Presbyterian, 4235 Departure Bay Rd, **Nanaimo**, *In the Building on the right of the Church* (C,M,X)

Tofino Forever - Discussion Meeting (in-person), St. Francis of Assisi, 441 Main St, **Tofino**, (D,O)

10:00 pm **10pm Candlelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)

Saturday

7:00 am **Pass It On (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X,ONL)

10:30 am **Women's Steps on Saturday / SOS (Hybrid / in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (C,D,W,ONL)

Noon **Let it Begin With Me**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (D,O,X)

Noon Group (in-person), Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

Saturday (cont)

10:00 pm **10pm Candlelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)

Sunday

10:00 am **Sunday Serenity (in-person)**, Nanaimo Alano Club, 2371 Arbot Rd, **Nanaimo**, *At the Bethlehem Centre* (O,ASL,X)

11:00 am **I am Responsible (in-person)**, Cedar Heritage Centre, 1644 MacMillan Rd, **Nanaimo**, (D,O,X)

Noon **Noon Group (in-person)**, Port Alberni Alano Club, 3028 2nd Ave, **Port Alberni**, (D,O,X)

5:00 pm **5pm Candlelight Meeting (in-person)**, Community Services Building Auditorium, 285 Prideaux St, **Nanaimo**, *Entrance at rear of building* (D,O,X)

6:30 pm **Sunday Night Ladies Meeting (in-person)**, Kin Hut, 2730 Departure Bay Rd, **Nanaimo**, (LIT,O,X,W)

7:00 pm **One Day at a Time (in-person)**, Gabriola Fellowship Church, 775 Church St, **Gabriola**, (B,O,ST,X)

Mustard Seed Step & Tradition (in-person), Oceanside Church, 2304 Jingle Pot Rd, **Nanaimo**, *Located inside the "Junction" at Oceanside Church* (D,O)

Meeting Symbols – What do they Mean?

The codes are as follows: (O) Open, (C) Closed, (SP) Speaker, (D) Discussion, (ST) 12 Step Study, (LIT) Literature Study, (ALS) Sign Language, (X) Wheelchair Access

Service Meetings

Mid-Island Intergroup Society meeting is generally the second Wednesday of the month at 6PM on Zoom. ID 821 6666 5997 Password: Intergroup. Please confirm meeting dates with the office. No meetings in July & August.

Mid-Island Intergroup Society Operating Committee meeting: the 3rd Wednesday of the month at 6PM on Zoom. ID 821 6666 5997 Password: Intergroup