

PASS IT ON NEWSLETTER

A Meeting in Print from Nanaimo & Area Alcoholics Anonymous



CALL FOR CONTRIBUTIONS

THE HEART OF THE MATTER

- WHAT IS THIS NEWSLETTER
- INTENTIONS FOR THE NEWSLETTER
- WHAT TO CONTRIBUTE
- HOW TO CONTRIBUTE

WHAT IS THIS PUBLICATION?

This is our local Newsletter, inspired, but completely separate, from the International AA Publication called ***The Grapevine***.

It is a publication that reflects the full diversity of experience and opinion found within the our areas Fellowship of Alcoholics Anonymous.

No one viewpoint of philosophy dominates its pages, and in determining the content, the Newsletter Chair relies on the principles of the Twelve Traditions. Articles are not intended to be statements of AA policy, nor does publication of any article constitute endorsement by Alcoholics

Intended to be a 'Meeting in Print'

May it serve alcoholics, and all those who care for them; both in and out of the Alcoholics Anonymous program

May it reflect the Experience, Strength and Hope of its members, and may it become a part of a powerful written tool serving the Community we live in who may not have met us YET or want to find out more.

May it serve alcoholics, and all those who care for them; both in and out of the Alcoholics Anonymous program

May it be:

- inspirational
- current
- relatable
- portable
- interactive
- helpful and informative
- a spark for discussion and connection

Current History

This is the fresh start up by the current Newsletter Chair, Tammy M. Our past Newsletter Chair Val S, was instrumental in getting this tool back up and running.

WHAT TO CONTRIBUTE?

Before writing, you might want to leaf through the past issues of Pass It On Newsletter, AAGrapevine or other Newsletter Publications to see what kinds of articles are published. Most are first-person accounts of the writers experience with alcoholism and Alcoholics Anonymous. The Newsletter Chair is always looking for innovative material, and as long as it relates to AA experience and reflects an awareness of AA's singleness of purpose, it is considered. Articles are reviewed by the Newsletter Chair, and other Operating Committee Members as invited. Submitting Articles, Letters, Humor and Quotes are welcome.

Announcements will also be included so please forward them to the email address



HOW CAN SUBMIT?

DIGITALLY BY EMAIL IS IDEAL :
PASSITONNEWSLETTERCHAIR@SHAW.CA
WRITTEN SUBMISSIONS (PAPER) ARE ALSO
ACCEPTED THROUGH CENTRAL OFFICE

EASY!

TO MAKE IT SIMPLE AND EASY TO CONTRIBUTE

A DOCUMENT HAS BEEN CREATED OUTLINING SOME POSSIBLE TOPICS FOR FUTURE EDITIONS AND YOU CAN EITHER GO TO THE LINK DIRECTLY OR SEND US YOUR EMAIL ADDRESS AND WE CAN FORWARD YOU THE GOOGLE DOC

Here is the link allow you to easily fill in some **INTERACTIVE COMMUNITY DISCUSSION TOPICS**
https://docs.google.com/forms/d/e/1FAIpQLSde7QCnV1ZL7IFoVj0pFLPV6ucpOUIASgO0WE5xvLbx8WneAA/viewform?usp=pp_url

You can also send us your email address and we will forward you the few discussion topics to your inbox.

Email: passitonnewsletter@shaw.ca

One of The Current Discussion Topics: **The Joy of Service**

Your Experience, Strength and Hope - with and through - Service to the AA Fellowship

Questions to spark ideas for your contribution to this topic:

- How did you first get involved in Service?
(Did someone invite you or a sponsor suggest it?)
- **What are some of the key benefits to service work?**

A COUPLE of ANSWERS

- What, if anything, surprised you about Service Work?
- What were some of the lessons in Service that ended up serving you in your everyday life?

'It gave me purpose. I'd been lacking purpose for so long and being involved with service has given me infinite blessings. I get to know the history, backend inner workings & first hand effects of the program. I built up my self-esteem, self-confidence, self-worth and realized how many life skills I have. Everyday, I witness the effects of being of service. I have rekindled my passion for sharing myself versus trying to be better/less than. I have beautiful gifts of experience, strength, Hope & knowledge to share with myself and others'

'Simple helping out is just nice